



SREE SANKARA COLLEGE, KALADY

Established in 1953

Affiliated to Mahatma Gandhi University, Kottayam

Re-accredited by NAAC in the 3rd cycle with grade B⁺⁺

Sakhi – Women’s Cell



Activity Report

2022-23

Sankar Nagar, Mattoor, Kalady P. O., Ernakulam Dist,
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SAKHI - ACTIVITY REPORT (2022-23)

1. SAKHI, Sree Sankara College, Kalady organised Seminar on Gender Equality on 27.07.2022 at Chandra Shekhara Bharathi Seminar Hall, SSC, Kalady. Adam Harry, First Indian Transgender Pilot was the Chief Guest of the day. He talked on the topic "Queering Identities". Around 100 Students and Teachers attended the seminar. Menstrual Hygiene Management class was conducted by Dr. Amrutha B, Public Health Specialist, HLL Management Academy. Around 45 ordered menstrual cups were distributed to Students and Teachers. She also explained in detail the method and precautions to be taken while using menstrual cups.



Seminar on Gender Equality
organised by
SAKHI
Sree Sankara College, Kalady
on
27.07.2022
Venue :Chandrasekhara Bharathi Seminar Hall

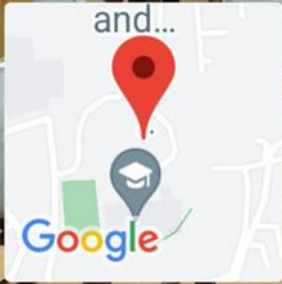
CHIEF GUEST



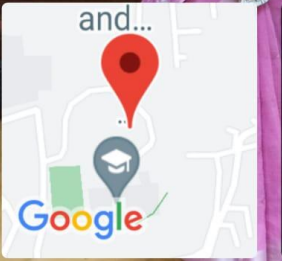
ADAM HARRY
(First Indian Transgender Pilot)

- Inaugural Session (Time : 10 AM – 10:30 AM)
Welcome Speech : Nimmi Narayanan, Teacher-in-charge,SAKHI, Sree Sankara College.
Presidential Address : Dr. Preethi Nair, The Principal, Sree Sankara College, Kalady.
Inaugural address : Adam Harry, Chief Guest of the day
Felicitation address : Dr. Manju T, IQAC Coordinator, Sree Sankara College, Kalady.
Vote of Thanks : Dr. Manju V Kumar, Assistant Professor, Sree Sankara College, Kalady.
- **Session 1:**
(10:30 AM – 12:30 PM)
"Queering Identities" by Adam Harry, Chief Guest of the day
- **Session 2:**
(1:30 PM - 3PM)
Menstrual hygiene and Menstrual cup
Dr. Amrutha B, BAMS, Public Health Specialist
HLL Management Academy
Distribution of menstrual cup.

"All are welcome"



Kalady, Kerala, India
5CHJ+G58, Mattoor, Kalady, Kerala 683574, India
Lat 10.179568°
Long 76.430596°
27/07/22 12:13 PM



Kalady, Kerala, India
5CHJ+G58, Mattoor, Kalady, Kerala 683574, India
Lat 10.179592°
Long 76.430697°
27/07/22 12:20 PM



Kalady, Kerala, India
5CHJ+G58, Mattoor, Kalady, Kerala 683574, India
Lat 10.179312°
Long 76.430579°
27/07/22 10:28 AM

2. SAKHI, Sree Sankara College, Kalady in association with Hindustan Unilever Limited and Fevicyl organised Women Empowerment Workshop on 10.01.2023 at College Auditorium. Around 1000 students participated in the programme. Ms. Anjuman Bhanu, Personality Trainer, Rexona Confidence Academy handled a session on Hygiene and Personality Development. Mrs. Usha Kamal, Fevicyl Specialist Trainer took a demonstration class on Fabric Painting, Liquid Embroidery, Glass Painting and Craft Work.



The poster features a pink and blue floral background. At the top left are logos for Sree Sankara College and 'art & craft'. At the top right are logos for Sree Sankara College and Hindustan Unilever Limited. The main title 'WOMEN EMPOWERMENT WORKSHOP' is in bold purple letters. Below it, 'Organised by SAKHI' is in blue, followed by 'SREE SANKARA COLLEGE, KALADY' and 'in association with HINDUSTAN UNILEVER LIMITED & FEVICYRL' in pink. The section 'RESOURCE PERSONS' is in bold black. Two photos show Ms. Anjuman Bhanu and Mrs. M Usha Kamal. At the bottom, details for date, time, and location are listed, along with the names of the SAKHI Coordinator, Principal, and Student Coordinator.

WOMEN EMPOWERMENT WORKSHOP

Organised by
SAKHI

SREE SANKARA COLLEGE, KALADY
in association with
HINDUSTAN UNILEVER LIMITED & FEVICYRL

RESOURCE PERSONS


Ms. ANJUMAN BHANU
Personality Trainer Rexona Confidence Academy


Mrs. M USHA KAMAL
Fevicyrl Specialist Teacher

10/01/2023
Tuesday

10am - 1pm

 **Auditorium**

SAKHI Coordinator
Smt. NIMMI NARAYANAN

Principal
Dr. PREETHI NAIR

Student Coordinator
Ms. JYOTHIKA SATHEESHAN

PROGRAMME SCHEDULE

Prayer : Ms. Bhagyalakshmi P R, DC3 Microbiology Student
Welcome Address : Ms. Sreelakshmi Madhu, DC3 Zoology student
Presidential Address : Ms. Jyothika Satheeshan, Coordinator, DC3 English student.

Introductory Remarks :

○ 10:30 am - 11:30 am

Ms. ANJUMAN BHANU (Personality Trainer Rexona Confidence Academy)

TOPIC :HYGIENE AND PERSONALITY DEVELOPMENT

○ 11:30 am- 12:30pm

Mrs. M USHA KAMAL (Fevicyrl Specialist Teacher)

TOPIC:FABRIC PAINTING, LIQUID EMBROIDERY, GLASS PAINTING & CRAFT WORK

Felicitation :

1. Dr. Preethi Nair, Principal, Sree Sankara College Kalady
2. Smt.Nimmi Narayanan, SAKHI Coordinator, Sree Sankara College Kalady
3. Ms. Anitta Babu, College Lady Representative, DC2, Mathematics

Vote of Thanks :Ms. Meenakshi K DC1 Chemistry student.

Organising Committee:

Ms. Shradha G, PG 1 English (Compering)
Ms. Sreepriya M S, DC III Statistics (Brochure Designing)
Ms.Naina Joseph, DC III Hindi
Ms.Sandra Santhosh, DC III History
Ms. Aleesha Jose , DC I Physics



3. SAKHI, Sree Sankara College, Kalady in association with Fevicyl organised One Day Fabric Painting Workshop on 15/02/2023. Smt. Beena Arun and Smt. Beena Dileep , Fevicyl Certified Professional were the Resource Persons of the day. About 30 UG and PG students participated in the workshop.



The poster features a background of various colored fabric painting brushes. At the top left are the logos of Sree Sankara College and SAKHI. At the top right is the logo of the Institution's Innovation Council. The text is centered and reads: 'SAKHI Sree Sankara College, Kalady in association with Fevicyl Organises Fabric Painting Workshop Resource Persons'. Below this, there are two photographs of the resource persons: Smt. Beena Arun on the left and Smt. Meera Dileep on the right. Below the photos are their names and titles. At the bottom, there is a table with three columns: Venue, Date, and Time. At the very bottom, there are three names and titles: Smt. Nimmi Narayanan (SAKHI Coordinator), Dr. Preethi Nair (Principal), and Ms. Sandra Santhosh (Student Coordinator).

SAKHI
Sree Sankara College, Kalady
in association with Fevicyl
Organises
Fabric Painting Workshop
Resource Persons


Smt. BEENA ARUN
(Fevicyl Certified Professional)


Smt. MEERA DILEEP
(Fevicyl Certified Professional)

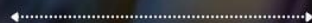
Venue	Date	Time
T33	15/02/2023	10AM - 3:30PM

Smt. NIMMI NARAYANAN
SAKHI Coordinator

Dr. PREETHI NAIR
Principal

Ms. SANDRA SANTHOSH
Student Coordinator

PROGRAMME SCHEDULE



Prayer : Ms Anjana K S, PG II Physics Student

**Welcome Address : Smt. Nimmi Narayanan,
SAKHI Coordinator**

**Presidential Address : Dr. Preethi Nair, Principal,
Sree Sankara College, Kalady**

**Introductory Remarks : Smt. Beena Arun,
Fevicyrl Certified Professional**

**Felicitation : Dr. Manju T, IQAC Coordinator,
Sree Sankara College, Kalady**

**Vote of Thanks : Ms. Sandra Santhosh,
DC III History Student**

